# AN INSIDER'S GUIDE TO AIX-EN-PROVENCE

#### **Explore the historic center**

Visiting Aix-en-Provence is just like discovering an open-air museum.

The Aix Saint Sauveur cathedral and its 12th century cloister. It isn't much to look at from the outside, but the inside is a completely different story. The cloister is magnificent!

**Chapelle de la Visitation**, rue Mignet. Beautiful baroque facade, especially in the evening.



Fontaine des Quatre Dauphins: Located in the pleasant Mazarin Quarter, the fountain stands in a small square a few blocks south of Cours Mirabeau.

The Oblats Chapel and cloister: by appointment only

Best views of "la" **Sainte-Victoire**: when you get off at the Aix TGV station, take a few moments to look at the view. Also from the terrain des peintres, a 10 to 15-minute uphill walk from <u>Atelier Cézanne</u>.

## **Enjoy the Local Cuisine**

<u>L'Incontournable</u>: A fancy restaurant by an old fountain under the shade of the trees.

<u>De l'une à l'autre</u>: Another nice and fancy restaurant with a patio garden. Great vegetarian dishes.

**Hôtel de Caumont:** Elegant 18th century mansion/art gallery with beautifully decorated coffee and lunchroom, and a pleasant garden.

<u>Carrefour Bar</u>: Quiet outdoor seating. The menu is a simple, French bistro offering.

**Les petits plats de Trinidad**: small place, savory dishes; for lunch only, reservations recommended.

<u>La Pizza:</u> Ok, it's an Italian restaurant. But it's one of the best! Fast service, big portions and great food.

#### **Grab a snack or try local pastries**

<u>Porzione di Capri</u>: Quick, easy, savory pizza you can carry away not long after you order.



**Boulangerie Lavarenne:** Bakery and pastry shop. Great chocolate cookies. Opens early and closes late.

**Béchard Pastry shop:** delicious brioches and calissons (a mixture of finely ground sweet almonds, candied melon and orange peel).

**Weibel Pastry shop**: great "tropézienne" (halved brioche filled with a mix of two creams).

Madeleines de Christophe: delicious small sponge cakes. Quickly sells out.

#### Have a drink and enjoy a glass of local wine

**Le Grillon**: On the Cours Mirabeau, where the locals go for apéritif. Free tapas!

**<u>Le Vieux Tonneau</u>**: excellent selection of wine in a lovely setting.

Le Verdun: Quiet outdoor café.

**Le Brigand**: very small bar with a pub feel. Great music and young hipster crowd.

## **Shop Local**

**The Calissons of Aix:** specialty candy, boutique Calissons d'Aix Léonard Parli.

**Santons:** Maison Fouque, a workshop that makes figurines (santons) for the traditional Provençal nativity scenes.

**Daily Food market:** Place Richelme. Great local produce: Marseille soap, honey and olive oil.

# **Enjoy Outdoor Activities**

Relax in **Parc Jourdan**, ideal for picnics or short naps in the shade of a tree. Close to the university grounds. **Parc de la Torse**, with both shady areas and open spaces. Great place to go for a run.

#### Health

Pharmacie des Prêcheurs : open 24/24, 7/7.

**Doctor/physician**: Centre Médical Aix, 14 rue de la Fourane, no appointment necessary.